



# Perinatal Mood Disorders

## Improving its Assessment

**MARCH 2, 2010**

**9AM - 5:00PM**

**REGISTRATION BEGINS AT 8:30AM**

After attending this workshop, attendees will be able to:

- identify at least three cultural myths that influence a new mother's sense of competence in her maternal role.
- recognize at least 7 symptoms that indicate the presence of a perinatal mood disorder
- name at least 5 risk factors that leave women vulnerable to depression.
- distinguish between postpartum depression with obsessive compulsive features and postpartum psychosis.
- describe 3 different models used to explain postpartum depression.
- list and discuss the fundamental principles of at least 3 therapeutic approaches used to treat perinatal mood disorders.
- explain the impact of disruptions in the attachment relationship on infant development.
- discuss the systemic implications of perinatal illness.

Behavioral Health Resource Center - Auditorium

850 E. Foothill Blvd, Rialto, CA 92376

*Presented by:* Diana Lynn Barnes and Dr. Merrill Sparago

*Hosted by:* San Bernardino County Dept of Behavioral Health

*Sponsored by:* Inland Empire Perinatal Mental Health Collaborative

**Reserve your spot NOW!!**

**Contact Ivonne Areas**

Phone: 951-683-5193

Fax: 951-683-6019

Click [here](#) for Registration Form

**\$25 registration fee includes lunch**

**Checks and credit cards accepted**

**RSVP  
by 2-19**



### CONTINUING EDUCATION INFORMATION:

**APA:** The San Bernardino County Department of Behavioral Health is approved by the American Psychological Association to sponsor continuing education for psychologists. The San Bernardino County Department of Behavioral Health maintains responsibility for this program and its content. This course is approved for **7 continuing education credits**. **BBS:** San Bernardino County Department of Behavioral Health, Provider #3766. This course meets the qualifications for **7 hours of continuing education credit** for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences. **BRN:** Provider, San Bernardino County, Department of Behavioral Health, approved by the California Board of Registered Nursing, Provider # CEP-15400, for **7 contact hours**. **CAADAC:** County of San Bernardino Department of Behavioral Health, provider approved by CAADAC, Provider Number 1N-06-850-0610 for **7 CEHs**. **CAADE:** County of San Bernardino: Department of Behavioral Health, provider approved by CAADE, Provider Number CP10 872 C 0712 for **7 CEHs**.

**Note: Participation for the entire period is required to qualify for continuing education credit, no partial credit will be awarded.**

For alternative communication methods please call (800) 722-9866.

